



Contact: ***Milestones Autism Organization***  
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## **MILESTONES AUTISM ORGANIZATION Launches New Workshop Series Designed by Parents for Parents**

CLEVELAND, Ohio, November 4, 2013-- Milestones Autism Organization is pleased to announce the launch of a new program, Milestones Parent Empowerment Network (MPEN), to the autism community. Designed by parents for parents, this new workshop series will hold events on both the east and west sides of Cleveland.

“These workshops will be an amazing opportunity to meet and learn from creative parents who want to share their out-of-the-box thinking and time-saving tips,” Elizabeth Mason, Parent Workshop Coordinator, said. “Plus, parents will have the opportunity to network each week.”

MPEN will feature four skill-building workshops including *Building Your Child’s Dream Team*, *Navigating the Maze of Special Needs Services*, *Knowing the Laws and How to Use Them* and *The Do’s and Don’ts of Advocacy*.

*One parent’s feedback from attending a Milestones workshop: “This is the first time in four years, since my son got diagnosed, that I have been able to feel as though I’m not alone, that I am validated and that others understand me and the situation I am in. Coming here helped me to find out new ways to help my child.”*

Milestones’ partnerships with Park Synagogue in Pepper Pike and Grace Church in Middleburg Heights make hosting this series possible.

Founded in 2003, Milestones is dedicated to improving the quality of life for individuals on the autism spectrum and their families. Milestones helps individuals reach their potential through education of family members and professionals in evidence-based practical strategies. (Include more here about your strategies and services.) To learn more, you can visit Milestones Autism Organization anytime at [milestones.org](http://milestones.org).

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If you would like more information on this event, please contact Elizabeth Mason at 216.464.7600 ext.112 or email [emason@milestones.org](mailto:emason@milestones.org).