



Guiding Questions for a Psychiatrist

Although all psychologists and psychiatrists for individuals with developmental disabilities have guidelines, they may vary from location or individual provider. Use the following questions to guide discussions with psychologists and psychiatrists that you are interested in in order to better prepare the individual with ASD and their supporting team to choose a provider and work collaboratively with them to ensure long-term success.

County: _____ Provider: _____

Questions	Answers, Related Resources, Suggestions
<p>1. General Contact Information</p>	<p>Phone: Email: Address:</p> <p>Hours: Website: Specific Contact/Title:</p>
<p>2. What is the intake process?</p>	

<p>3. What type of insurance do you accept? Do you offer a sliding fee scale? Do you accept Medicaid?</p>	
<p>4. Do you have specific training working with children or adults on the autism spectrum?</p>	
<p>5. Do you currently have a waiting list? If so, how long is it?</p>	
<p>6. What is your treatment approach? What is your view on medication?</p>	

<p>7. Can we have a consultation prior to the first appointment?</p> <p>Is there a fee for the consultation?</p>	
<p>8. What is your approach to working with a child or adult who is non-verbal?</p>	
<p>9. How do you share information with families?</p>	

**10. If you recommend an inpatient setting for my child,
will you follow him/her?**