# Beth’s Morning Routine

## Start date through end date

| Chore | Monday | Tuesday | Wednesday | Thursday | Friday |
| --- | --- | --- | --- | --- | --- |
| Get out of bed with no more than 1 verbal prompt | Yes/No | Yes/No | Yes/No | Yes/No | Yes/No |
| Go to bathroom using visual supports | Yes/No | Yes/No | Yes/No | Yes/No | Yes/No |
| Change out of night clothes | Yes/No | Yes/No | Yes/No | Yes/No | Yes/No |
| Get dressed with clothes laid out | Yes/No | Yes/No | Yes/No | Yes/No | Yes/No |
| Eat breakfast | Yes/No | Yes/No | Yes/No | Yes/No | Yes/No |
| Brush Teeth using visual supports | Yes/No | Yes/No | Yes/No | Yes/No | Yes/No |
| Put on shoes | Yes/No | Yes/No | Yes/No | Yes/No | Yes/No |
| Get book bag | Yes/No | Yes/No | Yes/No | Yes/No | Yes/No |